





Resident Ecological Education

Sam Fleckenstein, University of Michigan School for Environment and Sustainability
Partner Community: Meridian Township
Technical Advisor: Alex Haddad, Graham Sustainability Institute
Last updated: 09/22/23

A challenge for many municipalities engaged in sustainability work is maximizing impact with available resources. One effective approach is to increase resident engagement: getting residents to both pursue projects on their own and volunteer their time with municipal projects. This increased involvement will mean that more projects and more ambitious projects are within reach. To help Meridian Township with this goal, CLC Fellow Sam Fleckenstein created two educational campaigns: one about plants native to the township and one about keeping lakes and shorelines healthy.

These campaigns are built around actions residents can take and are delivered as three pieces of monthly content: a printable pamphlet; a social media post; and an article for the Green Gazette, a local ecological newsletter. The content of these educational campaigns is directly applicable to communities near Meridian Township and is designed to be easily adapted for different locations.

Below are all of the pamphlets and Facebook posts created for these campaigns. Templates are available in Canva for both the <u>Facebook images</u> and <u>pamphlets</u>, but before replicating them, be sure to <u>make a copy</u> in Canva to work off of. Please visit this <u>Google Site</u> (Content Creation tab) for more complete information on how to adapt these templates for other communities. To extend the existing campaigns to other topics, this <u>Content Notes</u> spreadsheet can be used to identify new information sources and potential partners. To plan the delivery of this content, the <u>Editorial Calendar</u>, initially created for Meridian Township, may be useful for scheduling seasonally relevant content.

Table of Contents

Native Plants

Harmony with Wildlife pamphlet ... page 3
Harmony with Wildlife Facebook post ... page 4
Invasive Species pamphlet ... page 5
Invasive Species Facebook post ... page 6
Lawns & Home Landscapes pamphlet ... page 7
Lawns & Home Landscapes Facebook post ... page 8

Natural Shorelines pamphlet ... page 9

Natural Shorelines Facebook post ... page 10

Pollinators pamphlet ... page 11

Pollinators Facebook post ... page 12

Rain Gardens pamphlet ... page 13

Rain Gardens Facebook post ... page 14

Healthy Lakes and Shorelines

Harmony with Wildlife pamphlet ... page 15

Harmony with Wildlife Facebook post ... page 16

Invasive Species pamphlet ... page 17

Invasive Species Facebook post ... page 18

Lawns & Home Landscapes pamphlet ... page 19

Lawns & Home Landscapes Facebook post ... page 20

Natural Shorelines pamphlet ... page 21

Natural Shorelines Facebook post ... page 22

Pollinators pamphlet ... page 23

Pollinators Facebook post ... page 24

Rain Gardens pamphlet ... page 25

Rain Gardens Facebook post ... page 26

HARMONY WITH WILDLIFE

How native wildflowers can support local critters



Foxglove Beard Tongue

SOME THINGS TO CONSIDER WHEN **PICKING YOUR PLANTS**

- Deer resistance: If you have lots of deer in your area, try plants the deer won't be drawn to.
- Butterfly attraction: Some species are especially choosy about their food, so find flowers they can't resist.
- Soil conditions: Make sure any plants you pick will do well in your soil - sandy or clay; wet or well-drained: etc.

WANT TO ATTRACT MORE WILDLIFE TO YOUR YARD?

Try planting native wildflowers! Hummingbirds and bees love Foxglove Beard Tongue and Marsh Blazing Star.

Native wildflowers can provide a wide variety of food for wildlife. Beneficial insects are drawn to the wildflowers, becoming protein-packed treats for birds. Many native plants also produce delicious seeds or provide nectar for hummingbirds.



Marsh Blazing Star

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk





HARMONY WITH WILDLIFE





Foxglove Beard Tongue



Marsh Blazing Star

Create a vibrant wildlife habitat for birds, bees and more by embracing the beauty of native flowers like Marsh Blazing Star and Foxglove Beard Tongue!

INVASIVE SPECIES

Taking action to protect native ecosystems



Invasive Phragmites
Photo Credit: E. Campbell

HOW TO KEEP INVASIVES FROM SPREADING

- Clean: Remove soil from your shoes before leaving nature areas to prevent seeds from hitching a ride.
- Pick carefully: Many garden centers still sell invasive plants, so purchase with care.
- Talk: Share your knowledge with friends and neighbors about the dangers of invasives, and what they can do to help.

INVASIVE IMPACT

Invasive plants are aggressive species that out-compete natives, leaving wildlife without the food and shelter they rely on. Invasive species can also pose problems for humans by clogging waterways or producing toxic chemicals.

Lansing's Wild Ones chapter recommends three management steps: **identify**, **remove**, **prevent**. For more, follow the link below!



Oriental bittersweet
Photo Credit: E. Campbell

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



Wild Ones' Lansing chapter has much more on invasive species: bit.ly/3JMZvGr



INVASIVE SPECIES





Invasive phragmites
Photo Credit: E. Campbell



Oriental bittersweet Photo Credit: E. Campbell

Identify, remove,
prevent - three steps to
prevent invasive species
from outcompeting and
pushing out natives!

LAWNS & HOME LANDSCAPES

MERIDIAN TOWNSHIP

Diversify your yard with native plants

© E. Seagull

Low maintenance native garden

CREATING YOUR OWN NATIVE PLANT GARDEN

Follow the guidance in Planting a Native Meridian to find plants that will thrive in your landscape: sunny or shady, wet or dry, deer prone or deer free.

Then talk to a greenhouse like **Designs By Nature**, **LLC** to pick out your plants. You can choose **wildflowers** to attract pollinators, deep rooted **grasses** to manage storm water and much more!

BENEFITS OF NATIVE GARDENS

- Cleaner groundwater: Deep root systems help filter contaminants from groundwater.
- Increase biodiversity: Native plants can increase biodiversity, improving the resiliency of the local ecosystem.
- Support wildlife: Many native animals depend on native plants for their survival.



Native wetland buffer



Designs By Nature, LLC is a local source for native plants: bit.ly/3PRHU3Z

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



LAWNS & HOME LANDSCAPES





Low maintenance native garden



Native wetland buffer

Unlock the potential of native plants in your landscape! Talk to local **native plant nurseries**, to learn about wildflowers, grasses, and more!

NATURAL **SHORELINES**

• EST. 1842 • MERIDIA TOWNSHI

Waterfront plants and healthy shorelines



Water smartweed Photo credit: R. Clark on Flickr

AQUATIC PLANTS GROW IN THREE LOCATIONS

- Emergent plants extend above the water and do best in water 0-18 inches deep.
- Submergent plants grow totally submerged and do best in water 1.5 - 15 feet deep.
- Floating-leaf plants have leaves that float on top of the water and do best in water 1.5 - 15 feet deep.

PLANTS TO TRANSFORM YOUR SHORELINE

Native plants offer a shoreline many benefits! They reduce erosion by absorbing energy from waves. Their deep roots hold soil in place and filter pollutants, and they provide wildlife with habitat.

Changing your shoreline? Ensure that you're planting where plants can thrive; consider replacing lawn with native options; and add logs to protect young plants.



White turtlehead

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



Learn more about waterfront plants from the MSU Extension: bit.ly/30bSSQA



NATURAL SHORELINES





Water smartweed
Photo credit: R. Clark on Flickr



White turtlehead

Harness the power of native plants for a thriving shoreline!
Reduce erosion, filter pollutants, and create wildlife havens.

POLLINATORS



Creating a haven in your yard



Wild lupine blooms in April

WANT TO DO MORE IN YOUR YARD?

- Chemical use: Apply fertilizer and pesticides with care, avoiding pollinator plants and habitats.
- Bee nesting: Leave patches of untouched soil in low-traffic areas so ground-nesting bees can build their homes.
- Leave "weeds": A few dandelions and clovers in a lawn can go a long way in making the area hospitable for pollinators.

GIVING POLLINATORS A LEG UP

Many delicious fruits, vegetables, nuts and seeds require pollinators, but their numbers are declining. Here's how you can help!

Incorporate a range of **diverse native plants** in your yard. Pick plants that bloom
in the **early spring** and **late fall** when
flowers are scarce. Look for plants with a **variety of bloom sizes** and shapes to
attract different kinds of pollinators.



New England aster blooms in October Photo Credit: E. Campbell

MSU Extension's Smart Gardening series has more: bit.ly/44lr6Aq

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



POLLINATORS





New England Aster Blooms in October Photo Credit: E. Campbell



Wild Lupine Blooms in April

Be a pollinator hero!
Cultivate a vibrant yard
with **native plants**blooming in **every season** to entice many
different pollinators.

RAIN GARDENS



Harmony between rain, plants and wildlife



A thriving rain garden Photo Credit: S. Fleckenstein

MANY BENEFITS OF RAIN GARDENS

- Mow ruts: Soaking up water in the low spots of your yard prevents ruts from forming while mowing.
- Clean groundwater: Rain gardens catch fertilizer, pesticides, motor oil and more before it gets into waterways and aquifers.
- Fewer mosquitos: Mosquitos love standing water, so by soaking rain up, rain gardens prevent them from breeding.

NATURE'S RAINBARRELS

When the sky opens, the rain needs somewhere to go. Instead of pooling or running into the street, a rain garden turns it into a beautiful bed of native plants!

When choosing plants, look for: different bloom times for a long blooming season; diverse heights and shapes to give your garden depth; a mix of plant types to keep each other in balance.



Rain garden expansion Photo Credit: College of DuPage Horticulture Program on Flickr

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



国歌画 For more on rain gardens, visit the Clinton River Watershed Council: bit.ly/44U8UnJ



RAIN GARDENS





Rain garden expansion Photo Credit: College of DuPage Horticulture Program on Flickr

Rain gardens bloom with purpose! Embrace native plants to reduce mow ruts, clean groundwater, and create a mosquito-free haven.



A thriving rain garden
Photo Credit: S. Fleckenstein

HARMONY WITH WILDLIFE

Helping local shoreline critters thrive



Turtle sunning on a log
Photo Credit: Watts on Flickr

STEWARDING SHORELINES FOR WILDLIFE

All kinds of animals rely on natural vegetation in lakes and along shorelines: waterfowl find food and shelter, fish eat insects that live in mucky bottoms, turtles rest on trees that have fallen into the water.

How can you help? If you own shoreline, leave existing native plants and consider planting more! A variety of vegetation will provide wildlife with the habitat to thrive.

OTHER BENEFITS OF NATURAL VEGETATION

- Goose repellent: Geese love the safety of wide open lawns, so some taller vegetation will help keep them away.
- Erosion control: The deep roots of native plants help keep soil where it is, preserving habitat for years to come.
- Help threatened species: Many threatened species rely on native plants to survive, so lend them a hand with what you plant.



Common loon on vegetation
Photo Credit: M. Master on Flickr



Visit Michigan Natural Shoreline
Partnership to learn more: bit.ly/43hi4cG

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



HARMONY WITH WILDLIFE





Turtle sunning on a log
Photo Credit: Watts on Flickr



Marsh Blazing Flower
Photo Credit: M. Master on Flickr

Want to make a difference for native wildlife? If you own a shoreline, add native plants and leave downed trees in the water to provide a haven for aquatic animals!

INVASIVE **SPECIES**

Taking action to protect native ecosystems



Invasive zebra mussels Photo Credit: T. Britt on Flickr

HOW CAN YOU HELP MICHIGAN'S LAKES AND SHORELINES THRIVE?

Invasive species spread quickly and outcompete native species, throwing ecosystems out of balance.

Prevent the spread of invasive species by thoroughly cleaning your boats, canoes, and kayaks after each use, and being careful about not releasing animals into new habitats. This includes everything from fresh caught carp to pet goldfish!

HOW TO KEEP INVASIVES FROM SPREADING

A Michigan Boater's Guide to Selected Invasive Aquatic Plants from MSU Extension is a great tool for identification and reporting. To help monitor invasive species, you can:

- Learn what species are invasive.
- · Identify them in the wild.
- Report your sightings.



Careful boat cleaning Photo Credit: Adirondack Watershed Institute on Flickr



MSU's indispensable guidebook can be found here: bit.ly/44wFE6f



INVASIVE SPECIES





Careful boat cleaning
Photo Credit: Adirondack
Watershed Institute on Flickr



Invasive zebra mussels
Photo Credit: T. Britt on Flickr

Prevent the spread of aquatic invasive species with three simple steps:

- Learn what species are invasive
- Identify in the wild
- Report any sightings

LAWNS & HOME LANDSCAPES



The surprisingly long reach of fertilizer



Harmful algal bloom

Photo Credit: N. Souza on Flickr

OTHER WAYS TO HELP PREVENT FERTILIZER RUNOFF

- Sweep up: Move excess fertilizer and grass clippings back onto your lawn to prevent them from washing into storm drains.
- Mow high: Taller grass has deeper, healthier roots, so keep your grass at least three inches tall.
- Choose natives: Native plants take less work, water, and fertilizer to keep them looking beautiful.

FERTILIZER: GOOD FOR LAWNS, BAD FOR WATERSHEDS

Fertilizer can keep your lawn lush, but did you know that it can harm local watersheds? When phosphorus from fertilizer gets into waterways, harmful algal blooms can occur, absorbing all the oxygen in the water and increasing toxicity.

To keep watersheds healthy, go **phosphorus free**, only apply the **amount the bag calls for**, and stay at least **20 feet from streams**, shorelines and drains.



Grass clippings
Photo Credit: Dan4th Nicholas on
Flickr



Greater Lansing Regional Committee for Stormwater Management has more! bit.ly/3JSs9py

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



LAWNS & HOME LANDSCAPES





Harmful algal bloom Photo Credit: N. Souza on Flickr



Grass clippings
Photo Credit: Dan4th Nicholas
on Flickr

Protect your watershed with careful lawn maintenance! Choose fertilizer without phosphorus and closely read pesticide labels.

NATURAL **SHORELINES**

• EST. 1842 • MERIDIAN TOWNSHIP

Vital for maintaining healthy waters



Lake Lansing shoreline restoration Photo Credit: Meridian Township on Flickr

HELPING WILDLIFE THRIVE

Natural shorelines are essential for fish and other shoreline wildlife. They provide places to hide from predators, insects and other invertebrates for food, and spawning areas.

If you own shoreline, you can help by minimizing sandy beach size, opting for sloped, vegetated shoreline instead of seawalls, and by preserving native shoreline vegetation!

OTHER BENEFITS OF NATURAL SHORELINES

- Fewer geese: Geese like open lawns and can't see well enough over taller plants to feel safe.
- Filter runoff: Native plants have deep roots that filter pollutants from storm water.
- Erosion control: Natural shorelines absorb waves before they can strike the shore.



Northern pike in vegetation Photo Credit: R. Hagerty, USFWS



NATURAL SHORELINES





Lake Lansing shoreline restoration

Photo Credit: Meridian Township on Flickr



Northern Pike in vegetation Photo Credit: R. Hagerty, USFWS

Healthy waters need natural shorelines!

Shelter for wildlife, food for fish, and nature's shield against erosion.

POLLINATORS



Butterflies and the shoreline



Swamp milkweed Photo Credit: E. Campbell

MORE BUTTERFLY FAVORITES

Beyond milkweed, butterflies love a variety of native plants:

- · Joe-Pye weed
- · Cardinal flower
- Common boneset

MILKWEED AND MONARCHS

Bees aren't the only pollinators around, butterflies also play an essential role. With declining habitats worldwide, monarchs could use some help.

Monarchs lay their eggs on milkweed, which their caterpillars then eat. There are many native species of milkweed in Michigan that thrive near water: swamp milkweed, butterfly milkweed and common milkweed, to name a few.



Monarch caterpillar Photo Credit: K. Schulz on Flickr



Michigan Natural Shoreline Partnership has more on pollinator friendly plants: bit.ly/3ryBgp9

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



POLLINATORS



Butterflies are in need!
Beautify shorelines with
native milkweed species
to support monarch on
their long migrations.



Monarch caterpillar
Photo Credit: K. Schulz on Flickr



Swamp Milkweed Photo Credit: E. Campbell

RAIN GARDENS



Safeguarding waterways with native plants



Heavy rain on impervious surfaces Photo Credit: M. Spiske on RawPixel

THE POWER OF RAINGARDENS

As rain runs off roofs and paved surfaces, it picks up pollutants like fertilizer, pesticides, motor oil, posing a danger for the local lakes and shorelines that the rain washes into.

But rain gardens can help! They offer benefits like **filtering** out these pollutants, slowing runoff flow, and increasing the amount of rainwater reaching watersheds.

CHOOSING PLANTS FOR A RAIN GARDEN

- Right conditions: Ensure the plants you choose will do well in your soil, sun, and moisture conditions.
- Choose native: Native plants are well adapted to thriving in local conditions.
- Sized properly: Be mindful of how large plants will grow and how aggressively they'll spread.



Downspout entering a rain garden Photo Credit: B. Ash on Wikipedia



Our neighbors in Washtenaw County have more on rain gardens: bit.ly/3pZ7CJ2

For more on plants native to the region, see Planting a Native Meridian: bit.ly/430uFRk



RAIN GARDENS





Heavy rain on impervious surfaces Photo Credit: M. Spiske on RawPixel



Downspout entering a rain garden Photo Credit: B. Ash on Wikipedia

Raingardens, our aquatic allies! With native plants, they tackle pollution, control runoff, and protect our watersheds.